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PRESS RELEASE

NEWS RELEASE

THISTLE RESOURCES INC. | TSXV: TRCG | OTCQB: TRCGF | FSE : BU9 |

THISTLE RESOURCES COMMENCES ITS 3000M DRILL PROGRAM AT ITS MIDDLE RIVER GOLD PROJECT IN THE BATHURST MINING CAMP, NB.

TORONTO, ONTARIO, CANADA Thursday September 3rd , 2026, THISTLE RESOURCES INC. (**TSXV : TRCG, OTCQB : TRCGF, FSE : BU9**) (the "**Company**" or "**Thistle**"), is pleased to announce that they have initiated their Middle River Gold Project's 3,000 meter drill program. The drill rig is onsite and set up on its first drill pad. The Phase 3 Drill Program will continue to drill the MRG Upper Zone (Figure 1) expanding the previous two highly successful drill programs that returned very strong Gold Intersections (Tables 1 – 2 below). This is the 1st area along a 7 kms mineralized fold system, identified by Abitibi Geophysics' 3D Orion Vision Technology (Figure 2 below).

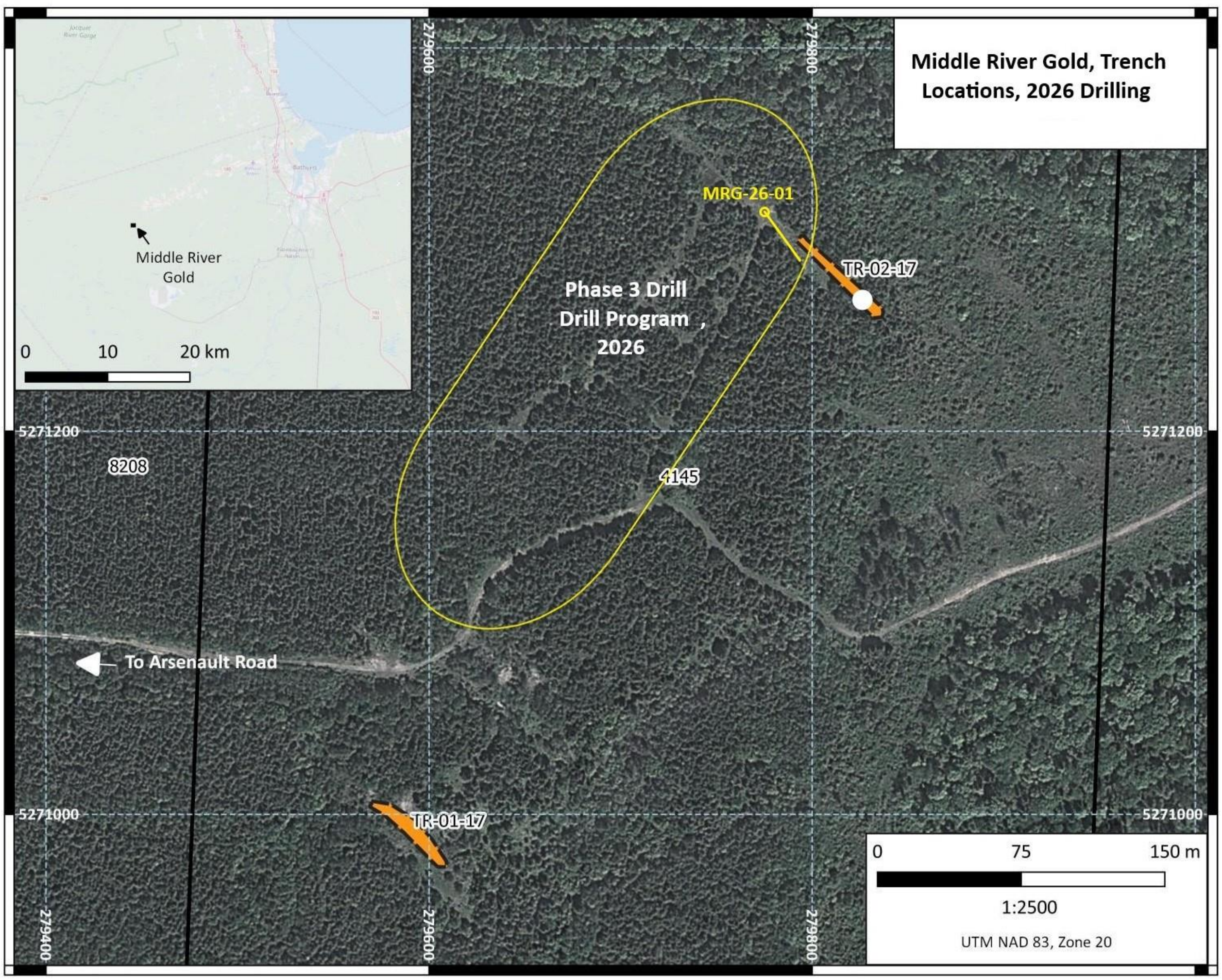

Figure 1: Location of the Middle River 2026 Drill Program (MRG-26-01 Drill Collar)

Gary Lohman, P.Geo., COO & VP Exploration - Director, stated " This is a much-anticipated drill program aimed at expanding the footprint of the Middle River Gold Deposit while also testing the depth potential of the system. With the integration of the historic drill information with the Thistle data including extensive geophysics and drilling, we anticipate a successful campaign as we expand on previous results and test new targets outside on the flanks of the known mineralized body."

Middle River Gold Drill Results - Program #2

DRILL HOLE #	TARGET	SECTION
AU03	MRG	4.04 g/t Au over 12.77m
AU03	MRG	5.28 g/t Au over 9.77m
AU03	MRG	14.58 g/t Au over 3.38m
AU02	MRG	1.64 g/t Au over 21.78m
AU02	MRG	2.16 g/t Au over 15.78m
AU02	MRG	2.60 g/t Au over 12.93m
AU02	MRG	3.00 g/t Au over 6.6m
AU02	MRG	0.85 g/t Au over 7.36m
21TRC-AU001	MRG	1.26 g/t Au over 33.0m
21TRC-AU001	MRG	1.40 g/t Au over 29.46m
21TRC-AU001	MRG	1.88 g/t Au over 21.97m
21TRC-AU001	MRG	2.33 g/t Au over 12.99m
21TRC-AU001	MRG	2.90 g/t Au over 9.99m
21TRC-AU001	MRG	3.90 g/t Au over 5.96m

WIDEST INTERSECTION:

Au 1.26g/t | 33.0m

Table 1: Previous Drill Program #2 (Lab Assays, Bureau Veritas) 2022

Middle River Gold Drill Results - Program #2

DRILL HOLE #	TARGET	SECTION
21TRC-AU005	MRG	0.58 g/t Au over 13.23m
21TRC-AU005	MRG	1.72 g/t Au over 4.33m
21TRC-AU005	MRG	0.48 g/t Au over 9.57m
21TRC-AU005	MRG	1.04 g/t Au over 4.25m
21TRC-AU005	MRG	1.34 g/t Au over 3.25m
21TRC-AU008	MRG	1.59 g/t Au over 23.52m
21TRC-AU008	MRG	2.60 g/t Au over 13.68m
21TRC-AU008	MRG	3.84 g/t Au over 8.68m
21TRC-AU008	MRG	7.13 g/t Au over 4.18m
21TRC-AU008	MRG	8.75 g/t Au over 3.06m
21TRC-AU009	MRG	0.57 g/t Au over 8.60m
21TRC-AU009	MRG	0.80 g/t Au over 6.15m
21TRC-AU012	MRG	0.52 g/t Au over 10.36m
21TRC-AU012	MRG	1.06 g/t Au over 5.01m
21TRC-AU012	MRG	4.38 g/t Au over 10.50m
21TRC-AU012	MRG	6.13 g/t Au over 7.50m

WIDEST INTERSECTION:

Au 1.59g/t | 23.52m

Table 2: Previous Drill Program #2 Continued (Lab Assays, Bureau Veritas) 2022

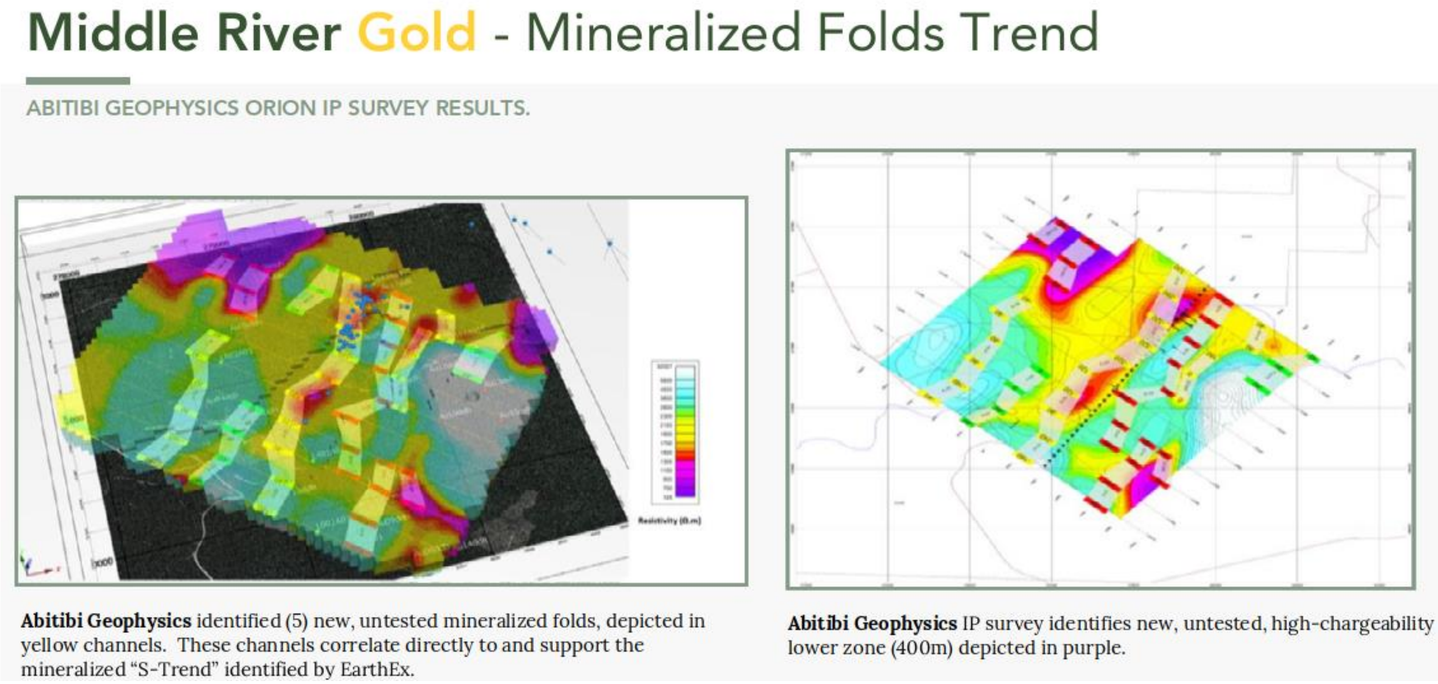

Figure 2: Abitibi Geophysics 3D Orion IP Technology displaying the 7 kms of mineralized folds (Upper Zone - yellow ribbons) and Previous Drill Holes in Deposit (Blue Dots)

Patrick J. Cruickshank, MBA, President & CEO - Director, stated "we are thrilled to have started on our new 3000m Drill Program at our Flagship Middle River Gold Deposit. We look to increase the deposit's footprint towards our 2M oz goal. We have 7kms of identified high-priority mineralized folds on our property target area, identified by Abitibi Geophysics 3D Orion Technology. It also has identified a new untested lower zone at 400 meters below. Our 3D model will assist in determining an updated NI 43-101 and defining the size and scale of this system. We look forward to keeping everyone up to date and announcing our 1st drill results."

Figure 3: Drill Rig positioned on 1st Drill Hole (MRG-26-01).

Qualified Person

The technical and scientific information in this news release has been reviewed and approved by Gary Lohman, P.Geo., COO & VP Exploration of Thistle Resources Inc. and a Qualified Person as defined by National Instrument 43-101. Mr. Lohman is not independent of the Company.

About Thistle Resources Inc.

Thistle Resources Inc. is a Canadian precious metals and critical minerals exploration company operating in the world-famous Bathurst Mining Camp of New Brunswick, one of Canada's most prolific mining districts. The never-drilled Brunswick Antimony Project offers blue-sky potential — a high-grade antimony-silver-gold discovery less than 1,000 metres from the past-producing Brunswick No. 12 mine boundary. At the flagship Middle River Gold Project, Phase 1 and 2 drilling has confirmed gold mineralization from surface to 130 metres along a section of a 7-kilometre trend of mineralized folds, with an untested deeper zone from 400 metres and Phase 3 ahead. The portfolio also includes the Middle River VMS, Alba Forks Gold, and Celtic Highland Gold projects. With exploration planned across both flagships in 2026, Thistle is advancing two discovery stories in a single district.

ON BEHALF OF THISTLE RESOURCES INC.

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